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Shalhevet

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Erev Shabbat Parshat Reah

Keep Up the

Good Work ...

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What's New in Camp Morasha?

Were we busy this week?!?

Nitzanim Girls had a fantastic overnight . . . As did **Younger Shtilim Girls, Older Shtilim Girls and Older Ilanot Boys** . . . **Younger Shtilim Girls** celebrated a very *leibadik* wedding . . . **Machon** fun on their trip to Golf Park . . . **Older Shtilim Girls, Ilanot Girls and Older Ilanot Boys** all canoed down the Delaware . . . **Machon** masqueraded the night away . . . And wait — there is more . . .

Boys Campus Red Barons Trip By Shmulie Sondheim and Carie Weintraub, B5

The crowd was going wild with excitement as Morasha's Boys Campus walked into the Red Barons game last Wednesday night. The game was very close up till the bottom of the 9th inning when Chose Utley hit a three-run walk off homer to make the score 7-5 and to give the Red Barons another win on the season.

Tug McGraw was signing autographs at the entrance gate to the stadium. The game was great to the finish which was even more exciting than the beginning!

A few people went down to the dugout and did the chicken dance. A few people from Morasha even caught balls. Over all the trip to the game was a blast!

Camp Morasha Annual Blood Drive

Anonymous Author

From 9 AM till 3 PM this Friday the Boys Gym was temporarily transformed from a

sports arena into a medical facility with 150 people signed up to donate a pint of blood each. That's 150 pints of blood from our very own staff — what a tremendous *mitzvah* and what a huge *Kiddush Hashem*!

A special thanks to the Wayne Pike chapter of the American Red Cross who facilitated the event. To Aliza Boim, Alyssa Hertzberg, Yael Jaffe, Shaya Lerner, Moshe ??? and Yehuda Kessock — esteemed members of our waterfront staff, without whom the blood drive could not have taken place. And, to all those who donated blood — thank you!

Day Camp Diaries:

The Dream Trip By Jonah Lesnick

The best trip would be . . . If I could go to the movies and watch the action or go to the zoo to see the animals. I would love if I could go to Disney Land and play on the rides or go to Hershey park to eat the candy. I'd want to go to Jerusalem and pray at the Kotel or go to Lego land and play with the Lego. The best would be if I could go to D.J.s to eat the ice cream — that would be the best trip!

The Best Day By Tzvi Richter and Zachary Perl

Shiur was in the canteen and we got snack and a drink. We had to say the correct bracha. Then we went banana boating. We went to boy's docks and we went tubing. Our counselors — Yehuda Frankel, Amiel Cohen and a machonik, Michel Rebolt are very nice. That was the best day!

Shabbat Singing - Morasha Style By The Mystery Reporter

The Mystery Reporter was observing *zmirot* this past Shabbat and noticed some unique oddities about the way they are sung here at Camp Morasha.

Have you noticed that the second verse of *Ani Maamin* sung by Girls Campus always deals with boys - that is pushing "*achakeh lo b'chol yom ...*" to its red line.

Have you noticed that there are several guttural Lion King-like grunting sounds that always appear in certain *zmirot* on the Girls Campus side?

Have you noticed that Boys Campus' favorite song these days contains several unidentifiable words like "kadishehi." Will the next Shiriah consist of only *Belze Nigunim*?

Have you noticed that when Boys Campus sings *Simcha L'Artzecha*, if the building's foundation doesn't shake, it does not count as quality singing? Guess it's time for a new dining room.

Have you noticed that "Uh-Wa," "Na Na Na, Na, Na" and "Shanana" have become important parts of our liturgy?

Have you noticed that our *zmirot* come replete with a full percussion section? The benches!!!

Finally - it's just not Shabbat around here if the sheer joy and jubilation of the moment is not expressed in the crushing of a few Nitzanim.

Shabbat Shalom from the Mystery Reporter.

Next week: The three "H's" - *Hachanah*, High heels and Hair dos.

What's New in the Big Wide World?

"Look both ways" may sound simple, but many kids haven't figured it out. Researchers have found that 9 out of 10 students, ages 5-12, do not know how to cross a street safely.

Cyclist Lance Armstrong won the Tour de France, a 2,250 mile bike race that spans 23 days, for the fourth straight time. A cancer survivor, the cyclist has nonetheless won more Tours than any other American.

In a miraculous recovery on Sunday, all nine miners that were trapped underground for three days in a flooded Pennsylvania coal mine were hauled to safety and were in surprisingly good condition.

Ozzi Smith, who is considered one of the greatest fielding shortstops of all time, was elected to the National Baseball Hall of Fame - in his first year of eligibility. Smith was the only person elected in 2002.

Weekend Weather Forecast

(as of Wednesday, July 31):

Friday: Partly cloudy with a chance of thunderstorms. Highs in the low 90s and lows in the high 60s.

Saturday: Mix of sun and clouds with highs in the high 80s and lows in the high 60s.

Sunday: Mostly sunny with highs in the high 80s and lows in the high 60s.

Mazal Tov
To
Rabbi Gary and Judy Katz
On the Bar Mitzvah of
Avi.
Welcome to the family
members who have joined us
for the simcha.

Everything You Ever Wanted to Know About Gnats

**(Those Pesky Little Flies
You've Been Swatting Away From
Your Face All Summer)**

What are Gnats?

Gnats are common names for a large number of small, non-biting flies. Many species look like mosquitoes and may form annoying swarms or clouds in the air but they do not bite.

How do Gnats Develop?

The immature stages develop in water in pools, containers, ponds, clogged rain gutters, or in some cases, wet soil or seepage areas. Most feed on living or decaying plant matter and are an important part of aquatic food chains. Many species can survive in very stagnant or polluted water. But, these tiny flies do not feed. They only live long enough to mate, lay eggs, and die. Eggs are laid in masses in the water or on aquatic vegetation. The life cycle usually takes about 4 to 5 weeks.

When are Gnats Most Prevalent?

Large mating swarms of adults often appear about dusk and may occur for several days, especially after a prolonged wet period. Many gnats are attracted to light and may be a nuisance, landing on people or entering homes or businesses. There may be several generations during the summer but these insects usually disappear with the onset of dry weather. Fortunately, problems are usually temporary and intermittent.

How can Gnats be Avoided?

1. Gnats avoid flying in under an overhang such as a porch or carport roof. Similarly, they seem to be timid about flying under a large, broad-brimmed hat or better yet an umbrella.

2. Gnats and some insects were repelled by the oils of either citronella or peppermint.

3. Gnats and many insects don't like a breeze. If you have a choice, take a walk on a windy day.

4. Don't wear bright or dark clothing which can attract biting insects. Wear neutral colors or white.

5. Don't eat bananas before you go outside. Banana scent from your skin will attract gnats, mosquitoes and some other biting insects.

6. Gnats need moving water to reproduce. So if gnats bug you, try staying a few miles from moving water. It only takes a little stream of water to allow gnats to breed.

7. When gnats are attracted to people, they go for the highest point, which often is your head. Hold up a golf club or a tree branch, and the gnats will fly up above you to what they perceive as your highest point.

We're Looking for a Few Good Ideas

**Lavi has the Lions ...
Nesher has the Eagles ...
What should we call the
Morasha team?**

**See Your Original Idea on
Next Year's Morasha-Wear!!!
Win an Exciting Item
from the Sweatshop!!!**

**Submit Your Answers to the
Shalhevet Box in the Library
And Win!!!**

Behind the Scenes at the

INFIRMARY

They service 150 campers a day. They soak feet ... cook toast ... fix braces ... dispense Sudafed ... cure homesickness ... and save lives. They are 75% medical care and 25% moms (+ they practice dentistry in their spare time.) What is it about the infirmary that has made it the most popular department in camp?

To know the true inner workings of the Morasha infirmary, this reporter was told, we'd have to interview the Alufim, who have firmly planted themselves on the green couches and have taken complete control of the backroom kitchen. But, they were all too busy filing or making ice packs ("If you stick around here too long, we're gonna put you to work," explains Nyla Greenbaum, infirmary administrator). And so, we will have to find this story from another source.

Immediately after 1st shift breakfast the infirmary is bombarded with 40 campers demanding their "meds." 20 of them actually need to take daily medications, the other 20 are looking to get out of *shiur* or clean-up by asking for cold medication or complaining of a bad stomach ache. As 2nd shift breakfast lets out, a new batch of campers come in for medicine (while most of the original campers are still there wondering why they haven't been seen yet for their sixth sore throat that week).

This particular morning the nurse on-call had been woken at 1:30 AM for a girl who accidentally sprayed perfume in her eye and then at 7 AM by a boy whose braces were hurting him. But, there is no show of impatience, as each camper is treated with the time and care that he deserves. "Even despite the apparent outbreak of rashes this summer and the need for eye and ear drops by an unusually large percentage of campers, we love and trust every kid that comes through here," says Stacey Ullman, infirmary administrator.

In between *shiurim*, the action picks up with all sorts of ailments that might get a camper excused

from class. Some of the most popular complaints are sore throats, jammed fingers, and of course, the soakers. In-grown toe nails, splinters, glass in the foot. Might this epidemic have something to do with the increasingly popular trend in Morasha foot wear — leaving all closed shoes under the bed all summer and donning water shoes all day?

At lunch time the infirmary becomes a second dining room. Allergies? Stomach aches? Simply don't like what's being served next door? There's always toast and tea with a smile made by the very talented chefs — Stacey, Nyla and Yaffa (AKA infirmary administrators) or Yocheved, Shani, Karen and Anna (AKA nurses).

At 1:30 PM infirmary call actually begins (of course, lunch is over at 1 and campers who come straight from the dining room want to know why the doctor, who is clearly scheduled to come in at 1:30, is not actually there at 1 PM). The afternoon is the busiest time of day, with the doctor seeing patients until 5 PM. Triage is set on a first come, first serve basis unless there is serious bleeding or a waterfront emergency. There is a serious injury, on average, once a week. Almost always from Boys Campus — boys will be boys, or boys will be lunatics? (just something to think about).

Most evenings — and many times late into the night and wee morning hours — the nurse on-call is woken with a broken arm, crushed knee, or someone whose been hit in the head by a hockey stick or baseball. Shani Singer, nurse on-call, explains, "These injuries sometimes happen on the playing field and sometimes just hanging out in the bunk."