

DIVISIONAL NAME CHEAT SHEET

What's a Nitzi? A Shtili?

A quick guide to learn our divisional names — and which your child is in:

SCHOOL GRADE	DIVISIONAL NAME	ABBREVIATION
Finishing 3rd	Younger Nitzanim	YNB, YNG
Finishing 4th	Older Nitzanim	ONB, ONG
Finishing 5th	Younger Shtilim	YSB, YSG
Finishing 6th	Older Shtilim	OSB, OSG
Finishing 7th	Ilanot	IB, IG
Finishing 8th	Manhigim, Manhigot	MB, MG
Finishing 9th	Alufim, Alufot	AB, AG
Finishing 10th	Sulam / Amcha	N/A

MORASHA 2026 PRE-SUMMER GUIDE





Camp is Awesome!

But proper preparation with a solid understanding of camp policy is crucial in setting your child up for a successful summer. We are pleased to enclose information that will help you and your child prepare for the exciting and transformative experience of summer camp. This guide, and our online forms, will ensure that each child receives the individual attention and care that he or she deserves.

We realize that our registration is not only a result of our cutting-edge programming and activities, but also a credit to a program that instills values and fosters growth for each and every camper. We thank you for your partnership.

We are here to help you through your preparations, so please feel free to contact the camp office at 570-798-2781 or office@campmorasha.com with any questions you may have. Thank you for entrusting your children to us. We look forward to another amazing summer at Morasha 2026 and can't wait to greet our campers and staff in a few short months!



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MyMorasha Accounts

Completing camp forms in a timely fashion will help ensure that your child thrives at camp. Please note the following login instructions to access your MyMorasha account, and the forms and features available inside.

TO LOG INTO YOUR MYMORASHA ACCOUNT:

1. Visit www.campmorasha.com and click "MyMorasha" on the upper right.
2. Enter your email and password. You'll need to use the parent e-mail address we have on file from your camper application. If you forgot this, simply click on "Retrieve / Set Password" and check your email!

WITHIN THE 'FORMS & DOCUMENTS' SECTION, YOU WILL FIND:

<p>- 1 - CAMPER PHOTO Upload a photo of your child (or confirm the photo you uploaded on your application) so that our staff can familiarize themselves with their new campers!</p>	<p>- 2 - BUNK REQUESTS This online form is due on Friday, April 24. We do the best we can to accommodate requests while ensuring that campers forge new friendships.</p>	<p>- 3 - CAMPER INFO FORM An online form to notify us how your child is traveling to and from camp, how luggage is being sent to camp, and other info to help prepare for camp.</p>	<p>- 4 - FAMILY PACT FORM* Our online 'Parent and Camp Team' contract. Each camper is required to review expectations to ensure a successful and growth-oriented camping season.</p>
<p>- 5 - PHYSICIAN'S EXAM & IMMUNIZATIONS* A paper form, to be filled out by your physician. See page 8 for more info on camp policy relating to physician's exams and vaccinations.</p>	<p>- 6 - INSURANCE & PRESCRIPTION CARDS* A paper form to provide insurance + prescription cards. You can e-mail the office to re-upload last year's form if the cards have not changed.</p>	<p>- 7 - HEALTH HISTORY ONLINE FORM* An online form filled out by a parent on the camper's physical and emotional health. Returning campers will have most info pre-filled.</p>	<p>- 8 - APPAREL & PRIVATE LESSONS OPTIONAL online forms, to order Morasha apparel and set up private lessons. Apparel orders are pre-summer ONLY, due by Friday, May 29.</p>

**REQUIRED, along with full payment and having a credit card or e-check on file, to receive a bunk assignment early June.*



WITHIN THE 'FINANCIAL MANAGEMENT' SECTION, YOU WILL BE ABLE TO:

1. **Input a valid credit card or e-check information** to store on file. If you already have one in the system that won't expire before the summer, then you're good to go.
2. **Check your balance** (with a detailed breakdown) and **make online payments** towards your balance.
3. **Monitor canteen accounts** by viewing what products are being purchased by your child and total spent.



Keeping in Touch with Camp

Keeping parents connected and informed with the latest happenings at camp is a major priority of ours. Likewise, creating a system that encourages healthy communication between parents and campers is crucial.



PHOTOS, VIDEOS, & SOCIAL MEDIA

Beautiful photos and incredible videos are uploaded to our website and app each day. To help navigate the photos, we partner with a facial recognition system, PhotoEnroll, where you can register (free of charge!) to have photos of your child sent directly to you. Direct links to our the camp photo gallery, registration for PhotoEnroll, and the camp's Instagram account are shared when our campers arrive to camp.

LETTER WRITING & E-MAIL

We encourage campers and parents to send mail to each other often. When writing to campers, please address the envelopes as follows:

Name of Camper -- Bunk Number
Camp Morasha
274 High Lake Road
Lakewood, PA 18439



We also have a one-way BunkMail e-mail system, allowing parents, grandparents, and friends to send e-mails to campers directly through our website. Please note that **a NEW Bunkmail account needs to be set up each year**, which can be done through our website in June.

PHONES & PHONE CALLS

To ensure a healthy camping experience, all cell phones (including old iPhones) are not permitted in bunks and are collected on Opening Day. Please see page 10 for the full details on our 'Electronic Device' policy.

We strive to strike the right balance of fostering independence while promoting healthy communication home. Designated "Calling Days" have proved to cause anxiety amongst many campers (and parents!), triggering unnecessary setbacks in a child's adjustment to camp. We also recognize that a call home may be necessary at times for a logistical purpose or constructive emotional support. Therefore, calls will be permitted on an as-needed basis, at the discretion of the camp staff. Older campers will receive their phones back on specific trips. We, of course, will be in touch to discuss any issues, if they arise. We believe in consistent and open communication and look forward to being in touch with updates on your children and the latest camp happenings.

SUMMER 2026 KEY DATES

STAFF TRAINING SUN, JUNE 28
OPENING DAY TUES, JUNE 30
CHANGEOVER TUES, JULY 28
VISITING DAY SUN, AUGUST 2
CLOSING DAY TUES, AUGUST 18



Making Packing Painless

Children thrive best in a structured environment. In recent summers, we invested in refurbishing and reorganizing every bunkhouse in camp. Our bunk set up, which involves **bunkbeds only**, ensures a more organized, clean, and comfortable layout. Please note:

PERSONAL STORAGE SPACE

Each camper is assigned to one dedicated wooden cubby unit. Each unit has five large shelves, with each shelf measuring 19" wide x 12.75" tall x 16" deep. Cubbies are used to store clothing, linen, and towels. Boys should not bring clothes on hangers as their clothing is folded into cubbies. Girls have limited hanging space and should pack hangers if they plan to hang clothing.

Campers like to bring a plastic drawer unit to store loose items, socks and underwear. Only **ONE** smaller 3-drawer unit (approx. 12" wide x 25" tall x 14" deep) is permitted -- not the larger ones. Additionally, laundry must be placed in laundry bags. Please do not send pop-up laundry bins. Finally, shoes are to be stored underneath the bed. There is no place for hanging shoe organizers.

Campers store nosh (if they bring) and shoes under their beds. If you plan to send storage bin(s) to camp, please note that each camper has approximately 35" wide x 18" high x 30" deep worth of storage space underneath his or her bed. Finally, if you choose to send nosh, it **MUST** fit within ONE bin (not more) with a capacity of 9.25 gallons (37 quarts) or less and measure 18" high or less. Snack that doesn't fit in this size bin will be confiscated. This snack bin can only be brought / sent on Opening Day and/or replenished on Visiting Day.

DRESS CODE

We believe that we have a healthy dress code that will enable campers to dress comfortably for all activities. Additionally, Shabbat at camp is a special time and must be reflected in our attire. **PLEASE do not pack articles of clothing inconsistent with these guidelines!**

- Male campers may not wear sleeveless shirts to t'filla and shiurim. On Shabbat, males must wear a buttoned-down SOLID white -or- SOLID blue shirt (no 3-button polo shirts allowed), and appropriate pants (not jeans, sweatpants, or shorts) and shoes befitting for Shabbat. A kippah or hat must be worn at all times and tzitzit, when not playing sports or swimming.
- Female campers may wear jeans, sweatpants, or other loose fitting pants. Leggings are not permitted. Skirts and shorts are permitted, but must hit the top of the knee. Softe shorts, boxer shorts, biker shorts, and tennis skirts are not permitted. All shirts must have sleeves. Sleeveless, flutter, and cap sleeves are not permitted. Necklines of shirts should not be inappropriately revealing, see-through, or cut and cropped shirts are not allowed. Please make sure that Shabbat clothes adhere to all the above guidelines.

THIS INFORMATION IS ALSO AVAILABLE
AT WWW.CAMP MORASHA.COM/PACK

PACKING LIST

Check boxes were provided to accommodate multiple campers. A digital check list is available on our mobile app.

Girls Clothing

- 14 t-shirts
- 8 pairs of shorts
- 4 pairs of sweatpants
- 6 skirts
- 6 long-sleeve shirts
- 6 shabbat outfits
- 4 sweatshirts
- 14 pairs of underwear
- 5 bathing suits
- Pajamas (warm & lightweight)

Boys Clothing

- 14 t-shirts
- 10 pairs of shorts
- 5 pairs of pants (sweatpants / jeans)
- 3 pairs of Shabbat pants (any color)
- 4 buttoned-down solid white or solid blue dress shirts for Shabbat
- 2 polo shirts (required for Ilanot Boys)
- 4 long-sleeve t-shirts
- 4 sweatshirts
- 14 pairs of underwear
- 6 undershirts
- 5 bathing suits
- Pajamas - warm & lightweight
- 5 pairs of tzitzit
- Kippot/clips
- T'filin (for Bar Mitzvah boys)

Footware

- 2 pairs of sneakers
- Dress shoes for Shabbat
- Rain boots
- Shower shoes
- 1 pair of flip-flops / Crocs
- Non-leather shoes for Tisha B'Av
- 14 pairs of socks (in a bag)

Bed & Bath

- 1 warm blanket
- 1 pillow
- 3 fitted cot-sized bedsheets
- 3 pillowcases
- 1 rubber sheet, if necessary
- Shampoo & conditioner
- Body wash & hand soap
- Suntan lotion
- Toothpaste, toothbrush
- Toothbrush case
- Shower caddy
- Small mirror
- 5 bath towels
- 2 washcloths
- Box of tissues
- Hair blower/dryer & brush

Miscellaneous

- Reusable water bottle!
- Sunglasses
- Eyeglasses / lenses
- Extra pair of glasses / lenses
- 1 pair of goggles (label name)
- Flashlight & batteries
- Games and books
- Writing pads, pens & pencils
- Stamped postcards / envelopes
- Camera (optional)
- Hats or baseball caps
- Knapsack
- 1 Laundry Bag
- Raincoat w/ hood
- 1 jacket
- Collapsible chair
- Command hooks

Sports Equipment

- Baseball glove
- Hockey stick - Boys
- Hockey helmet w/ face guard - Boys
- Hockey protective cup - Boys
- Tennis racket - optional!

OTHER POINTERS

DO NOT pack in more than **two pieces of luggage** for your child. Packing more than two bags is a clear indication that you've packed too much, which will only cause stress to your camper. Trust us!

Label EVERYTHING with your child's name! Please note that camp staff unpacks for Nitzki campers prior to their arrival.

Campers do **not** require a **sleeping bag**, as we provide whenever necessary for an overnight.

Please **do not pack flushable wipes**. They often clog the toilets :)

For safety concerns, **cooking devices and wax warmers / beads are not permitted**.

No stink bombs or soup nuts. Please!

Weekly laundry service is provided at no additional charge and dry cleaning facilities are not available.



Keeping Campers Healthy

There is nothing more important than the health and safety of your child. To that end, please note the following info pertaining to your child's health care at camp. Our Head Nurse and Med Head, and the entire Health Center team, are happy to answer any questions, any time.



PHYSICIAN'S EXAM & VACCINATION

Every camper must submit a Physician's Exam (PE) administered within 12 months of camp. You may print and complete the MyMorasha PE form **OR** upload the PE that your doctor uses. Any camper that has an exam scheduled for after June 1 should upload their previous PE and they'll be marked as 'Pending.' This will enable families to receive bunk assignments but requires parents to submit the new PE and immunization record before the summer begins. Campers will only be able to come to camp with these forms submitted.

Campers must be up to date with all routine vaccinations required by the Pennsylvania Department of Health for school attendance. Being up to date with COVID-19 vaccination and booster(s) is encouraged but not required AAP (American Academy of Pediatrics).



LICE CHECKS

All children will be checked for lice on the first day of camp. Any lice or nits found will be treated immediately. Lice is typically treated over an eight-day period (at the parent's expense) or may result in a child being sent home for treatment. Once a child is lice and nit free, he or she may return to regular activities. It is therefore **STRONGLY** recommended to have your child's head checked soon before camp to ensure a lice-free arrival!



MEDICATION - JDRUGS

Any camper receiving daily medication/vitamins in solid form (ie. pill, capsule, tablet), is required to register with **JDrugs**. JDrugs will individually pre-package medication, to be dispensed at our Health Center in the safest way. Liquid medications, inhalers, growth hormone injections, epi pens, nasal sprays, eye/ear drops and creams do NOT need to be processed through JDrugs. For the safety of your child, if daily meds/vitamins (including non-prescription), are not processed through JDrugs before the summer, they cannot be distributed and the medication will be sent home. Information on how to register and order medication can be found through the JDrugs Meds Form in your MyMorasha account. The **deadline to register medication is May 1st** in order to ensure that it arrives in camp on time and to avoid any late fees imposed by JDrugs. It's crucial to include all medications your camper is taking in the online Health History Form as well. Questions relating to camper medication? Email medhead@campmorasha.com.

Please note that the Health Center does not draw routine blood work. Campers needing blood work will be sent to the hospital or lab with a camp driver for the procedure. Finally, we're pleased to inform you that we are partnering again with a mobile x-ray company and respected orthopedist to offer on-site scans and treatment for any non-emergent needs.

FOOD & SNACKS

WE ARE A NUT-SENSITIVE CAMP. We have many campers who have severe allergies. The Camp Morasha kitchen and canteen do not prepare or serve any food products that **contain** peanuts, tree nuts or sesame, **OR** offer products that are labeled **"made in a facility that processes nuts."** Nosh brought to camp may not contain any such products and will be confiscated prior to entering the bunk. **Additionally, please do not send sunflower seeds, ice pops, or soup nuts / croutons as they create a mess in camp.**

Aside from Opening Day and Visiting Day, **no package containing any food** is to be sent with / to campers. This includes sending food with visitors or guests. ALL approved packages (essential items) are directed to the Main Office and any food will be removed. Additionally, **NO perishables (e.g., meat) or homemade food** may be sent to camp. A large fridge is placed on every bunk porch for **DRINKS ONLY** and, therefore, no personal fridges, of any size, are allowed.

Any snack sent to camp on Opening Day and/or Visiting Day must have a reliable hashgacha and fit within the specified max bin size, outlined on Page 6. We will be offering a new and convenient snack and 'camp-products' online order via before Bunk Basics. Please see page 11 for our detailed policy on general camp packages.

DRINKS

It is imperative that campers remain healthy and hydrated throughout the day. At the same time, we strive to minimize waste, mess, and unnecessary expenditures. We have installed a filtered and refrigerated water bottle filling station at every single bunkhouse and at all our fields and facilities. Campers should bring their labeled own reusable water bottle(s). We will be selling additional reusable bottles as well from each HC for a nominal \$5. In addition, there will be machines throughout camp selling bottled water and Gatorade. Campers will be able to purchase a pre-loaded vending card (billed to your MyMorasha account) to utilize these machines on campus. Therefore, no beverage cases / bottles may be brought to camp.

CANTEEN

For your convenience, we will not be requiring parents to pre-fund canteen accounts. Rather, parents can track in real time what their child has spent through the MyMorasha account. Parents will also receive periodic updates via e-mail. Families who did not want their children to order from the canteen altogether are able to indicate this on the Camper Info Form, as well as communicate with the camp if a child is spending above their desired amount mid-summer. The camp will charge the total canteen balance after the summer is over.





Devices & Valuables

One of the most valuable aspects of summer camp is disconnecting from valuable objects and electronic devices. The policies below are designed to strike the right balance to ensure that our campers are focused on connecting with their peers and engaged in camp activities.



CELL PHONES

Cell phones are not permitted in bunks and are collected on Opening Day -- no exceptions. We understand that some campers have iPhones, which can also serve as an iPod and camera. Unfortunately, even without a SIM card, iPhones can easily access the Internet, which is incredibly detrimental to the camping experience. Therefore, **all smart phones (even old iPhones, etc) will be collected as well.**



ELECTRONIC DEVICES

A primary goal of sleep-away camp is to foster an environment conducive to genuine social interaction and participation in athletic and artistic activity. Allowing electronic devices in bunks plugs the potential of summer camp and detracts from these goals. Therefore, **no electronic entertainment devices -- including iPads, tablets, iPod Touches, DVD Players and gaming devices of any kind -- will be allowed in camp.** Only simple music MP3 players without apps and e-readers without apps will be permitted. While phones are collected and given back on Trip Days to older campers, these other devices will be confiscated and not returned until a camper leaves.



CASH IN CAMP & SPENDING MONEY

Campers should not require a large amount of spending money as all trips, activities, meals, laundry, and transportation are included in camp tuition. Additionally, most vendors are now cashless. For your convenience, we have included a **suggested** amount per age group below. Campers will be told that they CANNOT keep cash on them. Please encourage your children to store any money in the campus safe. As noted on the previous page, campers can purchase pre-paid cards to utilize at the campus beverage vending machines and/or at trip day attractions that are cashless.

Nitzanim / Y. Shtilim
O. Shtilim / Ilanot
Machzor Bet

One Session
No more than \$40
No more than \$60
No more than \$100

Full Summer
No more than \$60
No more than \$100
No more than \$200



More Important Stuff

You're almost there! Please note the following final important information:

TRANSPORTATION TO CAMP

Campers must arrive from one of the set bus locations on Opening Day. Car drop offs directly to camp are not permitted, unless a family resides outside the Tri-State area. Information for our FL and CA group flights have been shared directly with those relevant families.

LUGGAGE - CAMPIFY

Families can sign up for luggage pick up and delivery through our luggage partner, Campify. Registration for this door-to-door service is at www.campifyus.com/morasha. Campify will also be servicing Florida families this summer! For families outside the tri-state and FL pick-up areas, Campify partners with FedEx to offer discounted rates to ship luggage to and from camp via the Campify service. Therefore, we encourage all US-based families to register with Campify. Families may also drop off luggage directly to camp between June 23 - 26. Luggage, drawers, and beverage cases are not permitted to be placed underneath the bus.

CAMP PACKAGES

In addition to the restrictions pertaining to food, we have a no-package policy to minimize competition, pressure on parents, and mess in the bunks. After July 3, **no package of any kind can be sent up to camp.** If an ESSENTIAL item is needed after July 3, the camp will be in touch with a parent. Certain essentials will be available for purchase at camp or at the local store (basic toiletries, for example) while other items will receive permission to be shipped up (glasses, for example). Packages not adhering to these guidelines will not reach a camper so please relay the food and package policy to any family or friends who may want to send packages. Staff spouses cannot bring packages up to camp either.

BIRTHDAYS, PIZZA & ICE CREAM PARTIES

Birthdays are the best at camp! We love celebrating these special days and would like to be clear on what's provided and permitted. Every birthday camper will receive a birthday cupcake at lunch (accompanied by special music!). Girls will also receive a 'birthday package' including a birthday shirt, sash, crown, and decorations and boys will receive a birthday shirt. In addition, bunk pizza or ice cream parties may now ONLY be sponsored for a child's birthday. The office will share an order link with relevant families prior to camp. Finally, no balloon bouquets, decorations, or "bunk gifts" (including swag or toys) should be sent.

VISITING CAMP

We're thrilled to invite you to visit our campers and meet our staff on **Visiting Day, Sunday, August 2.** We will once again be providing a shuttle to and from Monticello. Unauthorized visitors are not permitted on campgrounds on non-visiting days.

Parents who cannot come on Visiting Day must call in advance to arrange an alternate date and time. **Multiple visits by the same visitors throughout the summer are not permitted,** unless the visit is for a specific simcha and pre-approved by the camp office.

